

BPH

Bloomington Public Health Quarterly Numbers and Activity Report ■

For the City of [Edina](#)

January – March 2008



BPH Quarterly Numbers Report for Edina ■

2008 PROGRAMS AND SERVICES

■ HEALTH PROMOTION

Community health presentations	<i># of participants</i>	206			
School educational presentations	<i># of participants</i>	0			
Sexual decision-making presentations in classrooms	<i># of participants</i>	290			

■ ADULT AND SENIOR SERVICES

Senior health receives referrals from police, senior outreach, social services, environmental health and other community agencies for vulnerable adults and falls.

Individual clients served	<i># of clients</i>	13			
Public health nurse visits	<i># of individual nursing visits</i>	8			
Service coordination	<i># of calls and case conferences</i>	18			
Senior hearing screening	<i># of participants</i>	13			
Community Public Health Nurse Clinics	<i># of clients</i>	60			
	<i># of consultations</i>	92			
Health education presentations	<i># of participants</i>	0			

■ FAMILY HEALTH SERVICES

Maternal and Child Health PHN home-visiting

	<i># of families</i>	16			
	<i># of clients</i>	31			
	<i># of visits</i>	69			
Car seats	<i># referrals</i>	0			
SHIELD	<i># of children</i>	14			
Police reports reviewed for follow-up	<i># of families</i>	47			
South Vista	<i># of pregnant and/or parenting adolescents</i>	2			
Follow Along clients	<i># of children enrolled</i>	31			
Child-care consultations	<i># of centers / # of visits made</i>	4/12			
High-risk birth certificate follow-up & referrals received	<i># of babies</i>	55			

	Q1	Q2	Q3	Q4
Community health presentations	206			
School educational presentations	0			
Sexual decision-making presentations in classrooms	290			
ADULT AND SENIOR SERVICES				
Individual clients served	13			
Public health nurse visits	8			
Service coordination	18			
Senior hearing screening	13			
Community Public Health Nurse Clinics	60			
	92			
Health education presentations	0			
FAMILY HEALTH SERVICES				
Maternal and Child Health PHN home-visiting				
	16			
	31			
	69			
Car seats	0			
SHIELD	14			
Police reports reviewed for follow-up	47			
South Vista	2			
Follow Along clients	31			
Child-care consultations	4/12			
High-risk birth certificate follow-up & referrals received	55			

		Q1	Q2	Q3	Q4
CLINIC SERVICES					
Women, Infants and Children (WIC)	<i># of participants</i>	607			
Health Risk Assessment Clinic	<i># of clients</i>	7			
Sage Screening Program	<i># of clients</i>	6			
SagePlus Cardiovascular Screening	<i># of clients</i>	1			
Immunization Clinic	<i># of adult clients</i>	0			
	<i># of immunizations</i>	0			
Immunization Clinic	<i># of children</i>	7			
	<i># of immunizations</i>	21			
Flu shots	<i># of clients</i>	0			
Early childhood screenings	<i># of children screened</i>	0			
Intake calls & drop-in visits		28			
Perinatal Hepatitis B	<i># of clients</i>	0			
Reportable disease follow-up / consultations	<i># of contacts</i>	15			
EMERGENCY PREPAREDNESS					
Community presentations	<i># of participants</i>	0			
Community outreach (brochures, flyers)					
Daycares	<i># daycares</i>	12			
Faith Community	<i># faith communities</i>	31			
Community-based organizations	<i># organizations</i>	9			
DAY CARE CONSULTATIONS TO-DATE					
	<i># of day care centers visited</i>	4			
	<i># of visits</i>	12			

BPH Quarterly Activities in Edina ■

The work of Public Health is defined by 5 areas of responsibility. This report utilizes the 5 areas of public health responsibility to organize details of activities conducted in Edina. The areas of public health responsibility described in this report are to:

- Assure an adequate public health infrastructure
- Promote healthy communities and healthy behaviors
- Assure the quality and accessibility to health services
- Prevent the spread of infectious disease
- Prepare for and respond to disasters and assist communities in recovery

■ ASSURE AN ADEQUATE PUBLIC HEALTH INFRASTRUCTURE

- **Completed the required, yearly Planning and Performance Measurement Reporting System Report (PPMRS)** to the Minnesota Department of Health.
- **Implemented and analyzed the online Community Health Survey.** Nine hundred and sixty-one completed the survey.
- **Updated the Demographic Overview Report.**
- **Updated the Maternal Child Data Report.**
- **Developed the Youth Health Updates.**
- **Presented the community assessment data** to a joint meeting of the advisory boards of health for Bloomington, Edina, and Richfield
- **Report of Minnesota Student Survey/Community Readiness results** to Edina Chemical Health Partners (ECHP) was well-received and resulted in requests for additional presentations. The PowerPoint presentation was e-mailed to all ECHP members.

■ PROMOTE HEALTHY COMMUNITIES AND HEALTHY BEHAVIORS

- **Monthly Senior Clinics** in Edina are held at the Edina Senior Center and at Yorktown Continental. The January topic was about surviving cold weather, with tips for inside and outside the home. The February topic on hypertension and medications included using a grid to explain actions and common side effects of blood pressure medications. Clients were enthused about finding their meds on the grid and learning more about them. The March topic on “Shingles” was one of the most popular thus far. Clients appreciated information about the medication to reduce severity of shingles and the message to consult with their doctor immediately when a suspicious, painful rash develops. They were also encouraged to discuss the new shingles vaccine with their physician.
- **Individual concerns are addressed at senior clinics.** An example of this service was a senior client in Edina with concerns about her blood clotting times. The client received instruction in the relevance of dietary vitamin K and was sent additional information. Public health nurse was able to follow-up with the woman at the next monthly clinic when it was learned her blood clotting times were now on target. The woman sent a thank you note to the PHN who helped her.
- **Held a workshop on different aspects of child development** for childcare providers in Bloomington, Edina, Richfield, and Eden Prairie. The workshop was titled “Strategies to Help Kids Grow and Shine.” Ninety-five childcare providers from centers and home daycares attended the workshop. Workshop presenters included an occupational therapist, a speech pathologist, and a school psychologist. Coordinators from the Early Childhood Special Education programs from each school district discussed how to access services through the BPH South Hennepin Interagency Early Learning and Development Program (SHIELD). The workshop resulted in requests for additional BPH services and resources.
- **An outreach visit was made to parenting educators at the Edina Family Center to promote the Follow Along Program.** Teachers were very interested and will offer parents the opportunity to complete an Ages and Stages Questionnaire and enrollment form in class to get their babies enrolled in the program.
- **Two classes on typical child development** were given to 26 parents and grandparents attending Early Childhood and Family Education groups in Edina.
- **The Metro Alliance for Healthy Families** was established with a Joint Powers Agreement developed by the seven Metro Counties and the City of Bloomington. Funding is from four foundations. The Healthy Families initiative will provide intensive home visiting services to select high risk families for up to 4 years with the goal of reducing risk for child abuse and neglect and to increase readiness for school. It is anticipated that Bloomington Public Health will serve at least 10 families in Bloomington, Edina, and Richfield in this first year. To date, 5 PHNs have completed the three weeks of required training, and services to families have begun including 1 Edina family.

- **An oral health project** was funded with a one-year grant from The Delta Dental Philanthropic Foundation. The activities will include the provision of a fluoride varnish to children's teeth and education to parents about oral hygiene and the benefits of drinking city tap water. Public health nurses have received training through the University of Minnesota School of Medicine to increase their knowledge and skill to assess dental health and apply the fluoride varnish.
 - **Prepared and presented 2 classes on healthy eating** to 4th and 5th graders at Countryside Elementary School in Edina.
 - **Served on the planning committee** for the 4th annual Physical Activity and Nutrition conference attended by Edina school staff.
 - **Staff submitted a large grant application to the federal Substance Abuse Mental Health Services Administration Grant.** If awarded, the grant would fund youth alcohol, tobacco, and other drug prevention efforts in all 3 cities over 5 years. We will receive notification in August.
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■ ASSURE THE QUALITY AND ACCESSIBILITY TO HEALTH SERVICES

- **Actions taken on 12 vulnerable senior and adult referrals from Edina include:** 1) Two referrals were given resources on chronic disease management and community services after refusing services. 2) Collaborated with Police on two referrals to determine the best course of action and to make sure protocols were in place. 3) Collaborated with building management to determine the best course of action and to clarify County roles for two referrals. 4) Two referrals were assessed to determine if they were capable and able to remain in the home safely. 5) Four family consultations were given to provide emotions support, encourage insight, and relieve stress within the family dynamics.
 - **Eligible women over 40 years of age receive free breast and cervical cancer screening exams, pap smears, and mammograms** at Sage Women's Clinic in the Southdale Medical Building. A Sage Plus cardiovascular screening with follow-up intervention visit is offered to women 40-64 years of age who have participated in the cancer screening program. One woman offered the following evaluation of service, "Thank you so very much for this fantastic free service. A huge (burden) was lifted from me after I received this wonderful service."
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■ PREVENT THE SPREAD OF INFECTIOUS DISEASE

- **An additional opportunity for public flu shots** was prompted by a flu death in the state early this year. Two additional flu shot clinics were made available to residents of Edina.

■ **PREPARE FOR AND RESPOND TO DISASTERS AND ASSIST COMMUNITIES IN RECOVERY**

- **Identified social service agencies as potentially in need of emergency preparedness resources.** Mailed supply of “Plan 9” and “Everybody Ready” brochures to 9 Edina social service agencies for the purpose of helping staff and clients prepare for possible emergencies. Bloomington and Richfield social service agencies also received a supply of brochures in Spanish. Agencies were directed to contact BPH for additional copies.
- **Trained 32 BPH nurses on Psychological First Aid** in order to prepare them to respond to a Behavioral Health Incident in Edina.
- **Conducted a tour and revised site layout plan** for the Bloomington/Edina/Richfield mass dispensing primary site.
- **Updated Mass Dispensing Reference Manual** for Strategic National Stockpile Response.